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# IL-25/IL-33-responsive T<sub>H</sub>2 cells characterize nasal polyps with a default T<sub>H</sub>17 signature in nasal mucosa

Emily P. S. Lam, PhD,<sup>a,h</sup> Harsha H. Kariyawasam, FRCP, PhD,<sup>b,h\*</sup> Batika M. J. Rana, PhD,<sup>c,h\*</sup> Stephen R. Durham, MD, FRCP,<sup>d,h</sup> Andrew N. J. McKenzie, PhD,<sup>c</sup> Nicholas Powell, MRCP, PhD,<sup>e</sup> Nara Orban, MD,<sup>d</sup> Melissa Lennartz-Walker, MSc,<sup>a,h</sup> Claire Hopkins, FRCS (ORL-HNS),<sup>g</sup> Sun Ying, MD, PhD,<sup>a</sup> Joanne Rimmer, FRCS (ORL-HNS),<sup>b</sup> Valerie J. Lund, MD, FRCS,<sup>b</sup> David J. Cousins, PhD,<sup>f,h,†</sup> and Stephen J. Till, FRCP, PhD<sup>a,h,†</sup> *London, Cambridge, and Leicester, United Kingdom*

**Background:** Chronic rhinosinusitis with nasal polyposis (CRSwNP) in Western countries is characterized by eosinophilia, IgE production, and T<sub>H</sub>2 cytokine expression. Type 2 innate lymphoid cells from polyps produce IL-5 and IL-13 in response to IL-25 and IL-33, although the relevance of this axis to local mucosal T-cell responses is unknown. **Objective:** We sought to investigate the role of the IL-25/IL-33 axis in local mucosal T-cell responses in patients with CRSwNP. **Methods:** Polyp tissue and blood were obtained from patients undergoing nasal polypectomy. Control nasal biopsy specimens and blood were obtained from healthy volunteers. Tissue was

cultured in a short-term explant model. T-cell surface phenotype/intracellular cytokines were assessed by means of flow cytometry. T-cell receptor variable  $\beta$ -chain analysis was performed with the immunoSEQ assay. Microarrays were performed for gene expression analysis. **Results:** IL-25 receptor (IL-17RB)-expressing T<sub>H</sub>2 effector cells were identified in nasal polyp tissue but not the healthy nasal mucosa or periphery. IL-17RB<sup>+</sup>CD4<sup>+</sup> polyp-derived T<sub>H</sub>2 cells coexpressed ST2 (IL-33 receptor) and responded to IL-25 and IL-33 with enhanced IL-5 and IL-13 production. Within IL-17RB<sup>+</sup>CD4<sup>+</sup> T cells, several identical T-cell receptor variable  $\beta$ -chain complementarity-determining region 3 sequences were identified in different subjects, suggesting clonal expansion driven by a common antigen. Abundant IL-17-producing T cells were observed in both healthy nasal mucosal and polyp populations, with T<sub>H</sub>17-related genes the most overexpressed compared with peripheral blood T cells. **Conclusion:** IL-25 and IL-33 can interact locally with IL-17RB<sup>+</sup>ST2<sup>+</sup> polyp T cells to augment T<sub>H</sub>2 responses in patients with CRSwNP. A local T<sub>H</sub>17 response might be important in healthy nasal mucosal immune homeostasis. (J Allergy Clin Immunol 2015;■■■:■■■-■■■.)

From <sup>a</sup>the Division of Asthma, Allergy and Lung Biology, Guy's Hospital, King's College London; <sup>b</sup>the Allergy and Medical Rhinology Section, Royal National Throat Nose Ear Hospital, University College London; <sup>c</sup>the Medical Research Council Laboratory of Molecular Biology, Cambridge; <sup>d</sup>the Section of Allergy and Clinical Immunology, National Heart and Lung Institute, Imperial College London; <sup>e</sup>the Division of Transplantation Immunology and Mucosal Biology and Medical Research Council Centre for Transplantation, King's College London; <sup>f</sup>the Department of Infection, Immunity and Inflammation, NIHR Leicester Respiratory Biomedical Research Unit, Leicester Institute for Lung Health, University of Leicester; <sup>g</sup>the Department of ENT, Guy's and St Thomas' Hospital, London; and <sup>h</sup>the Medical Research Council and Asthma UK Centre in Allergic Mechanisms of Asthma, London.

\*These authors contributed equally to this work.

†These authors contributed equally to this work.

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Corresponding author: Stephen J. Till, FRCP, PhD, Division of Asthma, Allergy and Lung Biology, King's College London, Guy's Hospital, London SE1 9RT, United Kingdom. E-mail: [stephen.till@kcl.ac.uk](mailto:stephen.till@kcl.ac.uk).

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**Key words:** Chronic rhinosinusitis with nasal polyps, nasal mucosa, IL-25, IL-33, IL-17RB, ST2, T-cell phenotype, T<sub>H</sub>2 cells, T<sub>H</sub>17 cells, T-cell receptor V $\beta$  repertoire, microarray

Chronic rhinosinusitis with nasal polyposis (CRSwNP) is an umbrella term for a heterogeneous group of inflammatory disorders characterized by persistent polypoid inflammation of the sinonasal mucosa ( $\geq 12$  weeks) and nasal obstruction.<sup>1</sup> Symptoms are often severe and only partially responsive to treatment, and disease is commonly associated with difficult-to-treat asthma.<sup>1,2</sup> There is an urgent unmet clinical need to understand the immunopathology of CRSwNP. Several studies have indicated regional variation in CRSwNP endotypes. Western countries show a predominance of eosinophilic T<sub>H</sub>2-associated polyps, and *Staphylococcus aureus* superantigens have been implicated in driving the T<sub>H</sub>2 response.<sup>3-5</sup> Conversely, CRSwNP in patients from southern Asia is associated with neutrophilic infiltration and a local T<sub>H</sub>1/T<sub>H</sub>17 signature.<sup>3,4,6</sup> Although potential sources of proeosinophilic cytokines in patients with CRSwNP include T cells, type 2 innate lymphoid cells (ILC2s), mast cells, and eosinophils, the local immune mechanisms regulating cytokine production remain poorly understood. Relatively little is also known of T-cell responses in the healthy nasal mucosa, although the local microenvironment appears to suppress T<sub>H</sub>2 responses.<sup>7</sup>

**Abbreviations used**

AIM2:	Absent in melanoma 2
CDR3:	Complementarity-determining region 3
CRSwNP:	Chronic rhinosinusitis with nasal polyposis
CRTH2:	Chemoattractant receptor-homologous molecule expressed on T <sub>H</sub> 2 cells
ILC2:	Type 2 innate lymphoid cell
TCR Vβ:	T-cell receptor variable β-chain

Recently, the epithelial cell-derived cytokines IL-25 and IL-33, acting through their respective receptors IL-17RB and ST2, have been implicated in promoting T<sub>H</sub>2 responses in animal models of allergic inflammation.<sup>8-10</sup> Expression of IL-17RB has been demonstrated on human peripheral blood T<sub>H</sub>2 cells differentiated *in vitro* by thymic stromal lymphopoietin-treated dendritic cells and on freshly isolated CD4<sup>+</sup> T cells from patients with Churg-Strauss syndrome.<sup>11,12</sup> IL-25 is also expressed within the bronchial mucosa of asthmatic patients and in the skin during allergen-induced late responses.<sup>11,13</sup> Furthermore, ILC2s coexpress IL-17RB and ST2 and produce IL-5 and IL-13 in response to IL-25 and IL-33.<sup>14,15</sup> ST2 is associated with T<sub>H</sub>2 immune responses in mice,<sup>16,17</sup> and expression is increased in ILC2s and eosinophils from patients with CRSwNP.<sup>18-20</sup> In human subjects baseline levels of IL-33 mRNA in epithelial cells derived from treatment-recalcitrant nasal polyps are increased compared with levels in cells derived from treatment-responsive nasal polyps.<sup>21</sup> However, the local mucosal T-cell response in patients with CRSwNP and the potential interaction of T cells in the nasal mucosa with IL-25 or IL-33 have not been explored.

Therefore we hypothesized that the IL-25/IL-33 axis is involved in directing local mucosal T<sub>H</sub>2 responses in patients with eosinophilic CRSwNP. To test this hypothesis, we extensively phenotyped nasal T-cell responses from tissue explants of patients with CRSwNP and healthy control subjects.

**METHODS**

Detailed methods used in this study and reagent sources can be found in the [Methods](#) section in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org). Clinical and demographic data for patients with CRSwNP and healthy volunteers are shown in [Table E1](#) in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org).

**RESULTS****Nasal polyp explant T cells are of an effector memory phenotype**

The majority of donor-matched polyp- and peripheral blood-derived CD4<sup>+</sup> and CD8<sup>+</sup> T cells were determined to be αβ T cells. γδ T cells formed a minimal proportion of the T-cell population (see [Fig E1](#) and [Table E2](#) in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)). After short-term culture, both polyp and blood populations expressed high levels of CD45RO, which is consistent with a memory phenotype after restimulation. The majority of T cells in polyp cultures expressed significantly less CD62 ligand and CCR7 compared with blood T cells and displayed higher expression of CD49a, an integrin expressed by tissue-resident memory cells,<sup>22,23</sup> suggesting that nasal polyp-derived T cells were predominately of an effector memory phenotype.<sup>24</sup>

**T<sub>H</sub>17 and T<sub>H</sub>2 cytokine profiles are detected in nasal polyps**

Intracellular cytokine staining was performed on CD4<sup>+</sup> T cells expanded from polyp explants and peripheral blood in parallel to establish the T<sub>H</sub> cell cytokine profile. CD4<sup>+</sup> T cells derived from polyps expressed significantly higher percentages of IL-17<sup>+</sup> and IL-22<sup>+</sup> cells together with T<sub>H</sub>2 cytokine (IL-5, IL-9, and IL-13)-producing cells ([Fig 1, A and B](#)), all of which showed negligible expression in expanded peripheral blood CD4<sup>+</sup> T cells from the same donors. In addition, coexpression of IL-17 with IL-22 and IFN-γ was detected (see [Fig E2](#) in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)). A significantly higher percentage of polyp T cells produced the proinflammatory cytokine TNF-α, although IFN-γ expression was equivalent in CD4<sup>+</sup> T cells from both sources.

**T<sub>H</sub>2 cytokine production is specific to CRSwNP, but T<sub>H</sub>17 cytokines are produced by nasal T cells from normal and inflamed tissue**

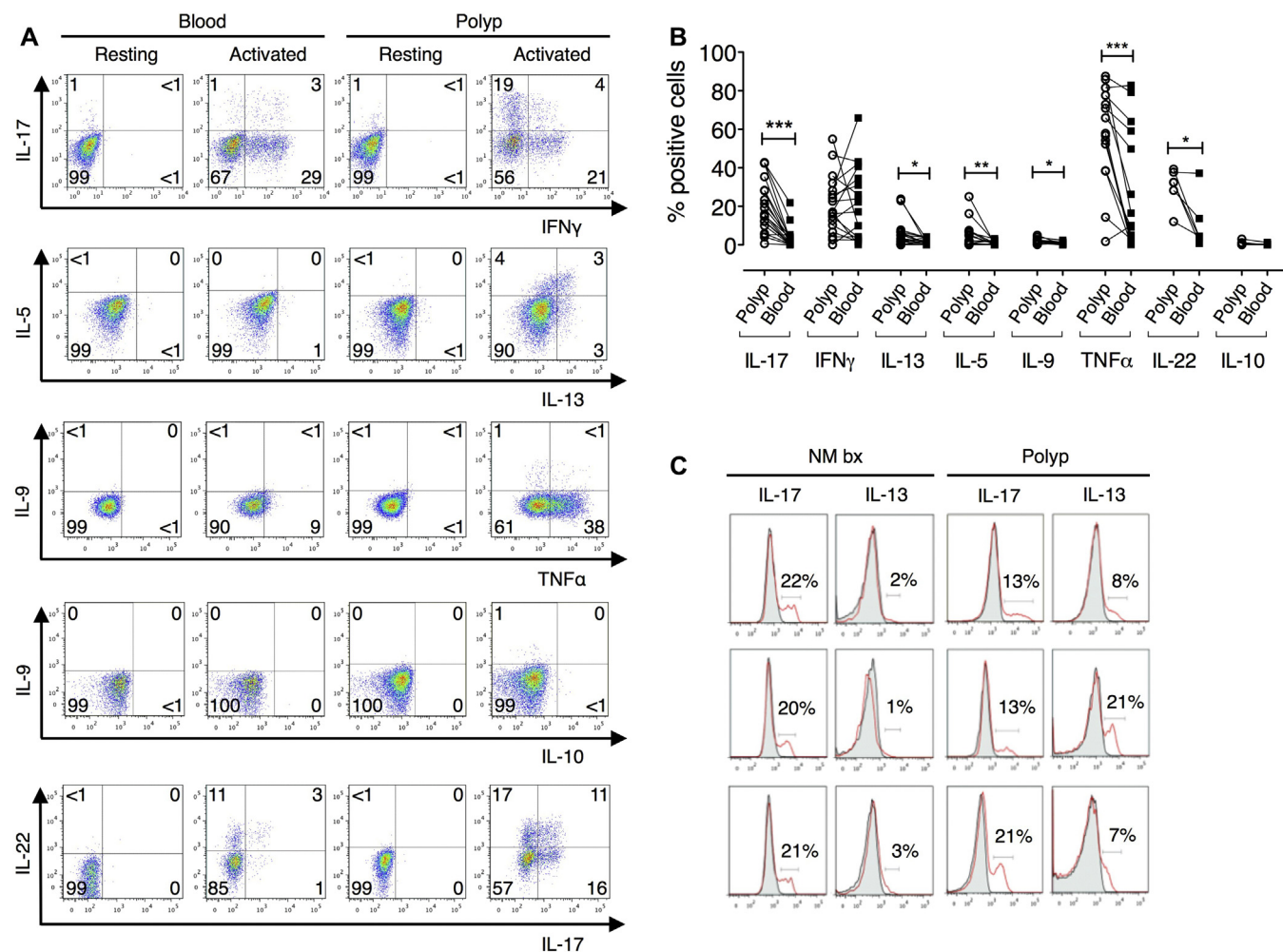
We next examined whether this cytokine expression profile in polyp explants was disease or tissue specific. Therefore T-cell phenotypes were compared with those from nasal mucosal biopsy specimens from healthy volunteers. IL-17 was produced by a comparable percentage of T cells derived from healthy nasal and nasal polyp explants ([Fig 1, C](#)) and confirmed at the protein level in cell-culture supernatants. Minimal IL-13<sup>+</sup> cells were observed in the healthy nasal mucosa ([Fig 1, C](#)). Although IL-4 expression was not examined by using flow cytometry, significantly increased IL-4 levels, in addition to IL-5 and IL-13 levels, were detected in the supernatants of polyp explant cultures compared with those seen in healthy nasal mucosa explants (see [Fig E3](#) in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)).

**IL-17RB is expressed by *in vitro* T<sub>H</sub>2-polarized but not T<sub>H</sub>1-polarized cells**

The IL-25 receptor IL-17RB is associated with T<sub>H</sub>2 cells and the promotion of T<sub>H</sub>2 responses.<sup>9,11</sup> We sought to examine IL-17RB expression in homogenous human T<sub>H</sub>1/T<sub>H</sub>2 CD4<sup>+</sup> populations differentiated from naive peripheral blood T cells, as previously described.<sup>25</sup> Differentiated cells were highly polarized toward a T<sub>H</sub>1 (IFN-γ<sup>+</sup>, T-box transcription factor [T-bet]<sup>+</sup>, and IL-12 receptor β2 [IL-12Rβ2]<sup>+</sup>) or T<sub>H</sub>2 (IL-4<sup>+</sup>, IL-5<sup>+</sup>, GATA-3<sup>+</sup>, and chemoattractant receptor-homologous molecule expressed on T<sub>H</sub>2 cells [CRTH2]<sup>+</sup>) phenotype, and a significant increase in *IL17RB* gene expression was observed in T<sub>H</sub>2 versus T<sub>H</sub>1 cell lines ([Fig 2, A](#)). IL-17RB expression increased with time in *in vitro* T<sub>H</sub>2-polarized T-cell cultures only ([Fig 2, B and C](#)), which followed similar kinetics to type 2 cytokine production (data not shown). Furthermore, IL-17RB expression was correlated with IL-13 expression in T<sub>H</sub>2 cell cultures ([Fig 2, D](#)). Together, these data suggest IL-17RB to be a robust marker of human T<sub>H</sub>2 cells.

**IL-17RB<sup>+</sup> cells are a distinct T<sub>H</sub>2 cell population present in nasal polyps**

We next examined whether T-cell expression of IL-17RB is also a feature of target organ tissue CD4<sup>+</sup> cells in eosinophilic polyps. A substantial proportion of polyp CD4<sup>+</sup> T cells expressed



**FIG 1.** Differential expression of  $T_H2/T_H17$  cytokines by polyp- and normal nasal mucosa-derived  $CD4^+$  cells. **A**, Representative staining on paired  $CD4^+$  blood and polyp cells. **B**, Percentages of polyp versus blood  $CD4^+$  cells producing cytokines (Wilcoxon matched-pairs signed-rank test,  $n = 6-18$ ). **C**, IL-17 and IL-13 histograms for  $CD4^+$  biopsy and polyp cells ( $n = 3$ ). Each row indicates an individual subject. Gray, Resting; red, activated. NM bx, Healthy nasal mucosa biopsy specimen. \* $P < .05$ , \*\* $P < .01$ , and \*\*\* $P < .001$ .

IL-17RB, whereas negligible IL-17RB expression was observed in matched peripheral blood or healthy nasal mucosal specimens (Fig 3). Coexpression of IL-17RB with the  $T_H2$ -associated prostaglandin  $D_2$  receptor CCR2 (Fig 3, B) was also detected, but IL-17RB expression was negligible on  $T_H17$ -associated CCR6<sup>+</sup> or  $T_H1$ -associated CXCR3<sup>+</sup> cells. Consistent with the high frequency of IL-17<sup>+</sup> cells, an abundance of CCR6-expressing cells was also found in both healthy nasal mucosa and polyp explants (Fig 3, A and C).  $CD8^+$  cells showed similar surface molecule expression patterns to  $CD4^+$  cells, although lower percentages of cells positive for the surface molecules examined were generally observed (see Fig E4 in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)).

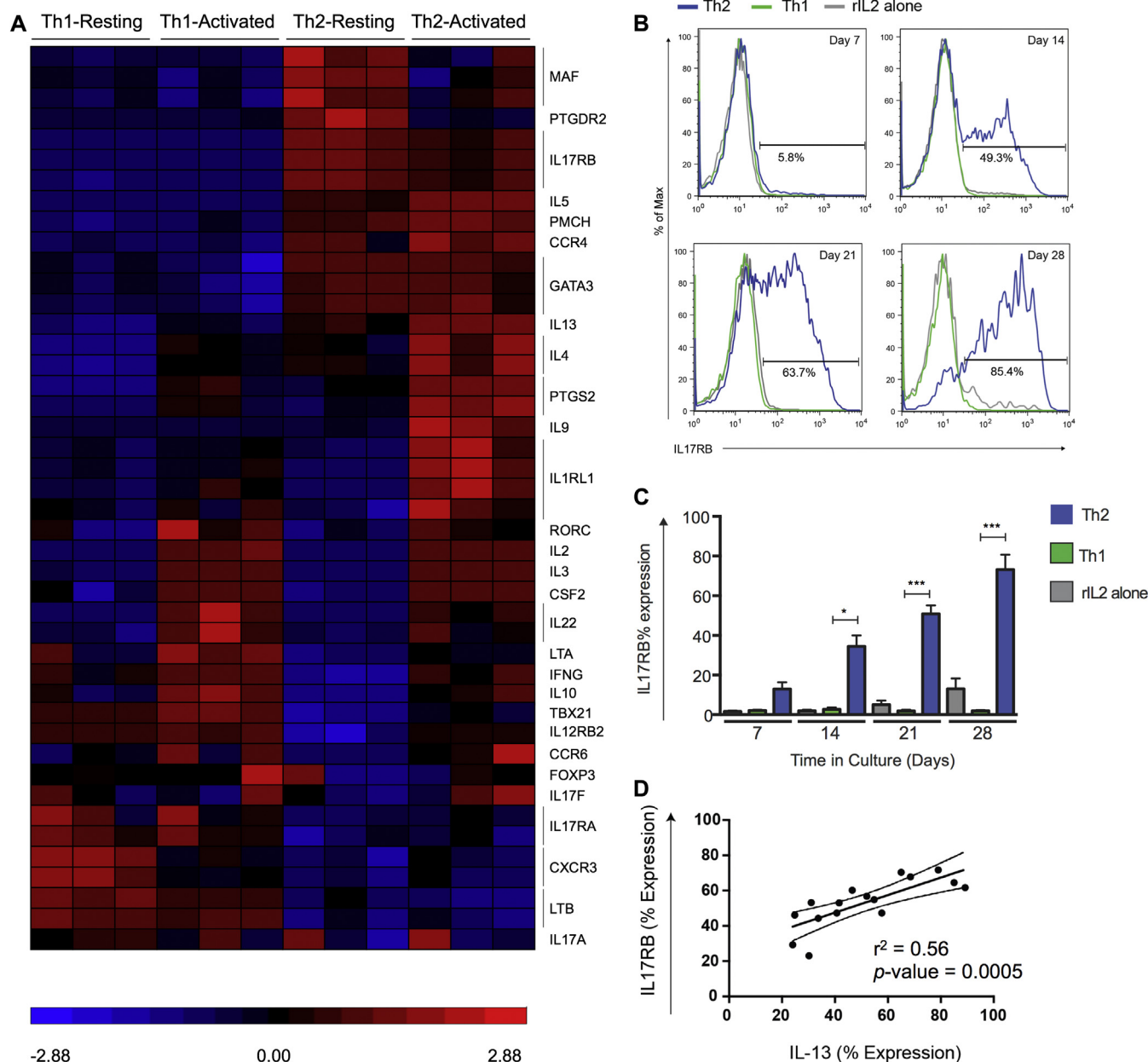
Although short-term cultures were used to generate sufficient cell numbers for experimentation, flow cytometric analysis of polyp tissue T cells immediately after collagenase digestion confirmed IL-17RB expression was not a culture artifact (see Fig E5 in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)). Furthermore, percentages of  $T_H2$  and IL-17-producing cells

were increased in digested polyp- versus blood-derived cells, which is consistent with findings from explant cultures.

### IL-17RB<sup>+</sup>CD4<sup>+</sup> cells derived from nasal polyp explants represent *in vivo* differentiated memory $T_H2$ cells

To further address the phenotype of IL-17RB<sup>+</sup>CD4<sup>+</sup> cells from nasal polyp explants, explant-derived cells were sorted by means of fluorescence-activated cell sorting for IL-17RB<sup>+</sup>CD4<sup>+</sup> expression after short-term expansion. IL-17RB<sup>+</sup>CD4<sup>+</sup> cells were also sorted for comparison.  $T_H2$ -associated genes, including *IL4*, *IL5*, *IL9*, *IL13*, and *GATA3*, showed considerable upregulation in activated IL-17RB<sup>+</sup>CD4<sup>+</sup> versus activated IL-17RB<sup>−</sup>CD4<sup>+</sup> cells (Fig 4, A), with differential expression for a majority of these genes reaching statistical significance (see Table E3 in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)). Furthermore, correspondingly lower expression of  $T_H1$ -associated genes, including *IFNG*, *LTA*, and *CCL3*, was





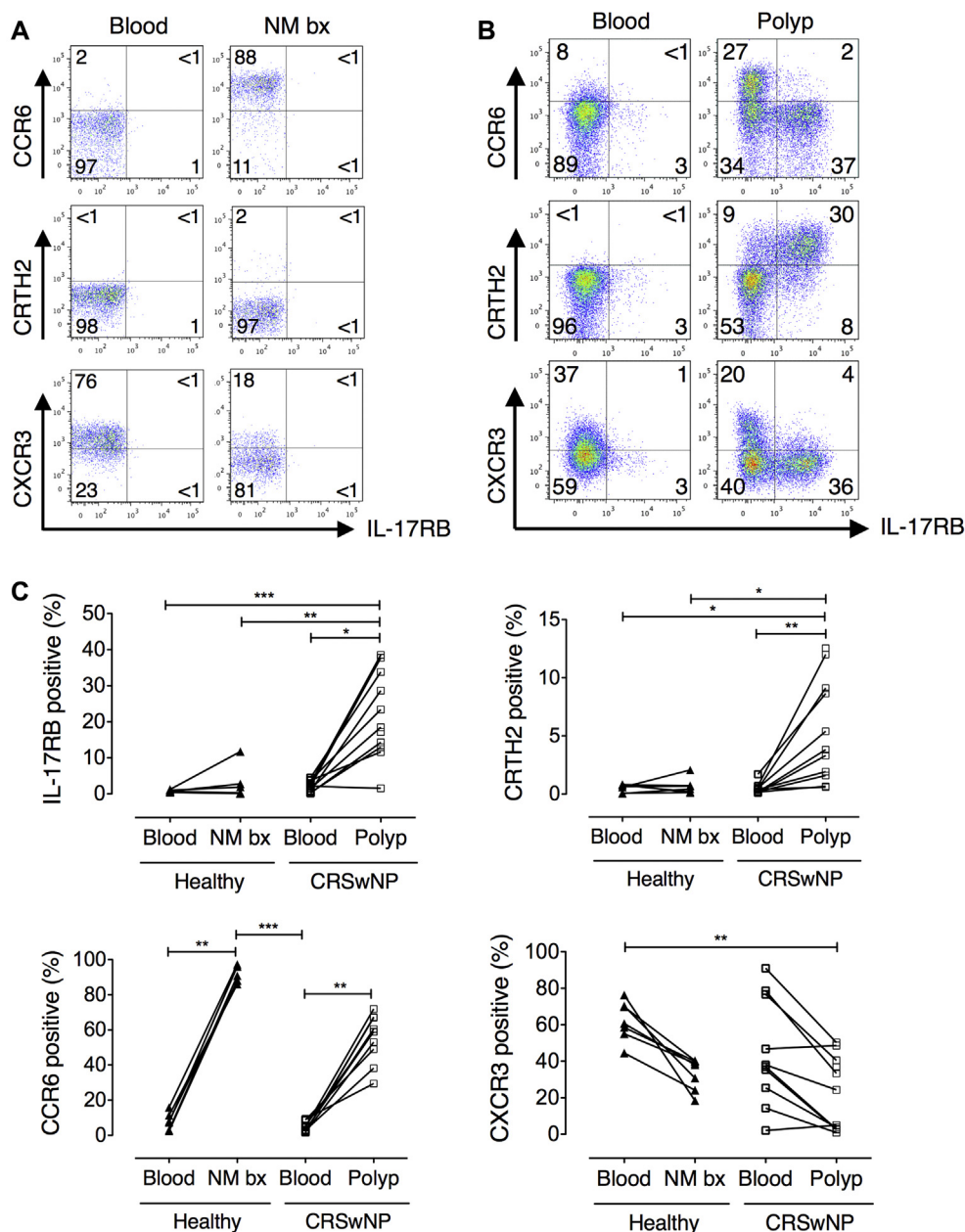
**FIG 2.** IL-17RB is a marker of  $T_H2$  cells. **A**, Comparison of activated  $T_H1$  versus  $T_H2$  samples identified 292 differentially expressed genes. The heat map shows selected  $T_H1/T_H2$ -associated genes. **B**, Representative data for IL-17RB expression by  $CD4^+$  cells cultured with IL-2/ $T_H1/T_H2$  differentiation conditions. **C**, Mean frequency of IL-17RB $^+$  cells in culture over time ( $T_H1/T_H2$ ,  $n = 7-11$ ; rIL-2 alone,  $n = 3-6$ ). **D**, Linear regression analysis of IL-17RB/IL-13 expression in  $T_H2$  conditions ( $n = 4$ ). \* $P < .05$  and \*\*\* $P < .001$ .

identified. Moreover, the genes for promelanin-concentrating hormone and prostaglandin-endoperoxide synthase 2 were preferentially expressed in IL-17RB $^+$  cells in line with data from *in vitro* polarized  $T_H2$  cultures (Fig 2, A) and previously published findings.<sup>26,27</sup> Microarray-based gene expression results were confirmed by using quantitative RT-PCR analysis (see Fig E6 in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)).

### IL-17RB $^+$ cells predominantly and selectively produce $T_H2$ cytokines

We next examined whether IL-17RB expression colocalized with  $T_H2$  cytokines in nasal polyp explant T-cell cultures. Fig 4,

B, shows the percentage of cells expressing IL-17RB when segregated by cytokine production. IL-5-producing, IL-13-producing, and IL-5/IL-13-coproducing cells were approximately 5 times more likely to coexpress IL-17RB compared with  $T_H1/T_H17$  cytokine-producing cells (ie, 52% of IL-5-producing cells were IL-17RB $^+$ , whereas 8% of IFN- $\gamma$ -producing cells were IL-17RB $^+$ ). In addition, IL-17RB $^+$  cells were accountable for the majority of IL-5/IL-13-coproducing T cells (59%; Fig 4, B). Notably, percentages of IFN- $\gamma$ - and IL-17-producing cells were significantly lower in the IL-17RB $^+$  population compared with those in the IL-17RB $^-$  population. A similar trend was observed for TNF- $\alpha$  and IL-22.



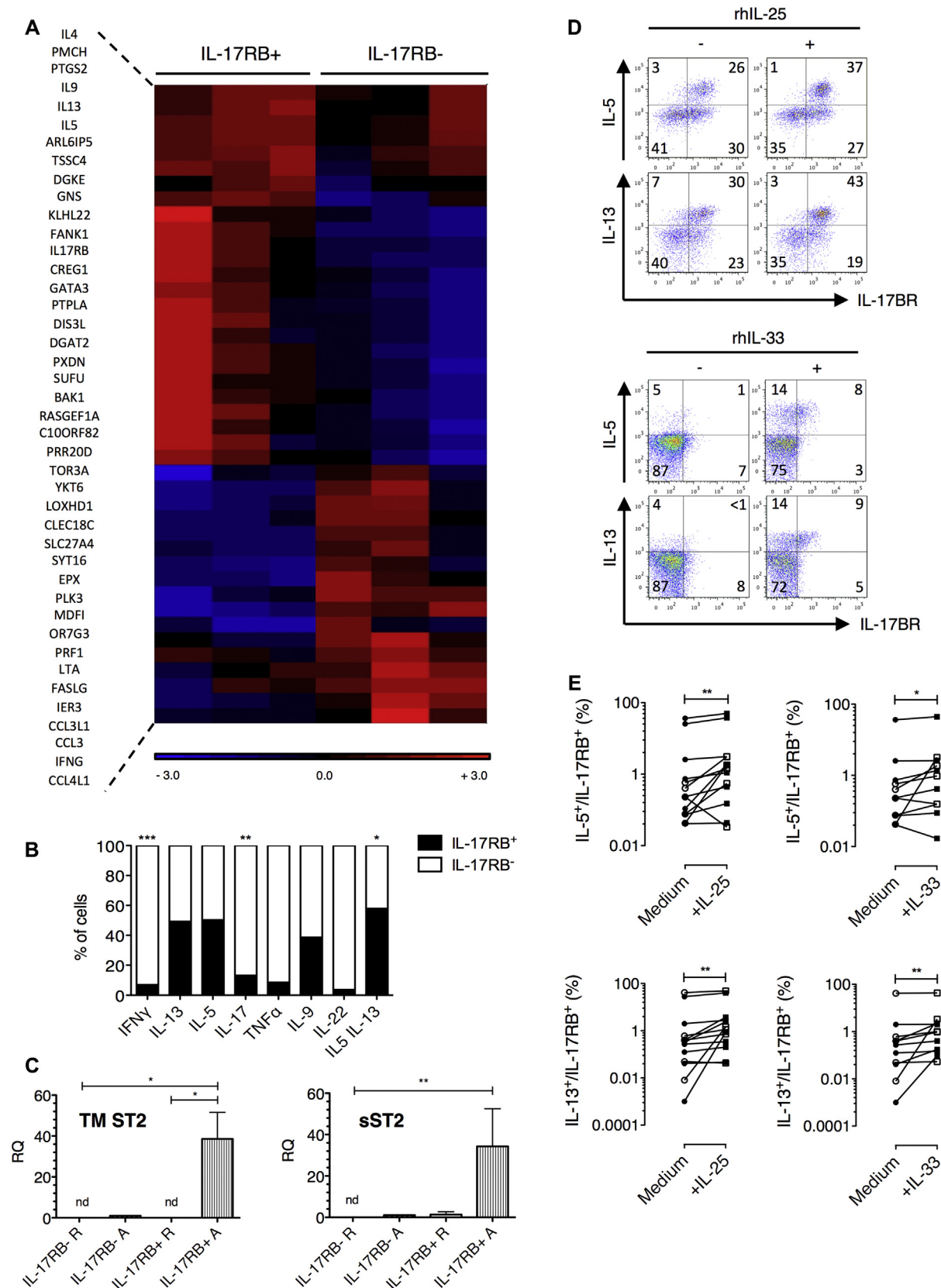
**FIG 3.** IL-17RB is expressed exclusively by polyp CD4<sup>+</sup> T cells. **A** and **B**, Representative staining for T-cell phenotypic markers by polyp, healthy nasal biopsy, and paired peripheral blood cells. **C**, Expression of phenotypic markers by CD4<sup>+</sup> T cells derived from blood and nasal tissue of healthy volunteers ( $n = 7$ ) or patients with CRSwNP ( $n = 11$ ; Kruskal-Wallis test with Dunn multiple comparison test). \* $P < .05$ , \*\* $P < .01$ , and \*\*\* $P < .001$ .

### The IL-33 receptor ST2 is also expressed by IL-17RB<sup>+</sup> cells

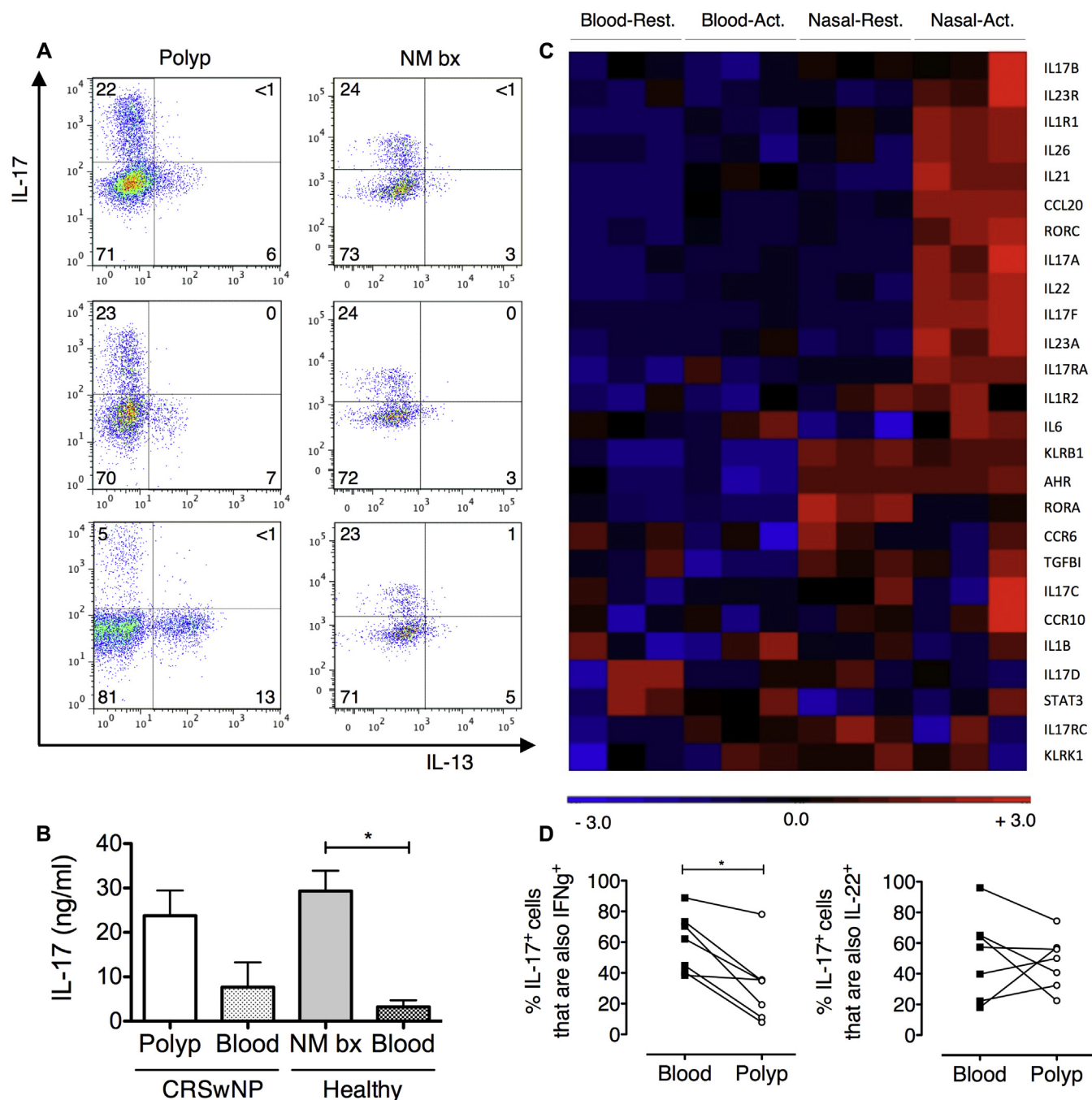
T cells from nasal polyp explants were next examined for mRNA expression of the IL-33 receptor ST2. Expression of transmembrane and soluble isoforms (sST2) of ST2, as measured by using quantitative RT-PCR, were increased in activated IL-17RB<sup>+</sup> cells compared with IL-17RB<sup>-</sup> cells (Fig 4, C), suggesting that IL-17RB<sup>+</sup> T cells might also be IL-33 responsive.

### IL-17RB and ST2 are functional and potentiate TH2 cytokine production by nasal polyp T cells

TH2 cytokine expression was determined by means of flow cytometry in polyp explants cultured in the presence of recombinant human IL-25 or IL-33 to evaluate whether IL-17RB and ST2 expressed on polyp T cells were functional (Fig 4, D). Recombinant cytokines were added either on the day of explantation or day 7 after stimulation. Analysis was performed 7 days later. Addition of IL-25 induced a mean



**FIG 4.** Polyp-derived CD4<sup>+</sup>IL-17RB<sup>+</sup> cells have a T<sub>H</sub>2 profile and respond to IL-25 and IL-33. **A**, Heat map of 42 differentially expressed genes in polyp IL-17RB<sup>+</sup> versus IL-17RB<sup>-</sup> cells (n = 3). **B**, Cytokine-producing cells coexpressing IL-17RB (n = 5-13). **C**, Transmembrane and soluble ST2 mRNA expression (n = 4; Mann-Whitney test). **D**, Representative staining for polyp CD4<sup>+</sup> cells with or without IL-25/IL-33. **E**, IL-5<sup>+</sup>/IL-13<sup>+</sup> cells coexpressing IL-17RB with or without IL-25/IL-33. Open symbols, Day 0 addition (n = 5); solid symbols, day 7 addition (n = 8). The Wilcoxon test was used. \*P < .05, \*\*P < .01, and \*\*\*P < .001.



**FIG 5.** A  $T_H17$  signature characterizes  $CD4^+$  T cells of the healthy nasal mucosa. **A**, Representative IL-13/IL-17 staining in polyp and healthy nasal mucosa biopsy specimen (NM bx)  $CD4^+$  cells ( $n = 3$ ). **B**, IL-17 expression in explant culture supernatants ( $n = 7$ , mean  $\pm$  SEM; Mann-Whitney test). **C**, Heat map of  $T_H17$  genes in NM bx versus blood  $CD4^+$  cells ( $n = 3$ ). **D**, IL-17 coexpression with IFN- $\gamma$ /IL-22 in blood versus polyp  $CD4^+$  cells ( $n = 6$ ; Wilcoxon matched-pairs signed-rank test). \* $P < .05$ .

1.5-fold increase in the percentage of IL-17RB<sup>+</sup>IL-5<sup>+</sup>CD4<sup>+</sup> T cells and a 1.4-fold increase in the percentage of IL-17RB<sup>+</sup>IL-13<sup>+</sup>CD4<sup>+</sup> T cells in explant cultures (Fig 4, E). Addition of IL-33 had a comparable effect to IL-25, with a mean 1.4-fold increase in the percentage of IL-17RB<sup>+</sup>IL-5<sup>+</sup>CD4<sup>+</sup> T cells and a 1.2-fold increase in the percentage of IL-17RB<sup>+</sup>IL-13<sup>+</sup>CD4<sup>+</sup> T cells. Time of recombinant cytokine addition had no effect on the response of IL-17RB<sup>+</sup>ST2<sup>+</sup> cells. Addition of IL-25 to polyp-derived T cells at day 7 after

stimulation was still associated with a significant increase in IL-17RB<sup>+</sup>IL-5<sup>+</sup> and IL-17RB<sup>+</sup>IL-13<sup>+</sup> CD4<sup>+</sup> T-cell counts (data not shown).

### Nasal polyp epithelium and eosinophils express IL-25

Cellular sources of IL-25 within nasal polyp tissue were investigated by using immunohistochemistry. Immunostaining



**TABLE I.** TCR V $\beta$  repertoire analysis of IL-17RB<sup>+/−</sup> cells

Patient ID	HKP020		HKP023		HKP026		HKP036	
Cell population	IL-17RB <sup>+</sup>	IL-17RB <sup>−</sup>	IL-17RB <sup>+</sup>	IL-17RB <sup>−</sup>	IL-17RB <sup>+</sup>	IL-17RB <sup>−</sup>	IL-17RB <sup>+</sup>	IL-17RB <sup>−</sup>
Total clones (productive)	4,871	1,146	969	3,801	1,896	443,183	2,435	47,486
Unique clones (no.)	33	91	28	97	55	6,475	113	1,759
Shared clones	0		1		25		11	
Common clones								
CASSLNTGYEQYF	+	−	+	+	+	−	−	−
CASSYPGEAFF	+	−	+	−	−	−	+	−

Numbers of unique TCR clones present in sorted polyp-derived CD4<sup>+</sup>IL-17RB<sup>+</sup> and CD4<sup>+</sup>IL-17RB<sup>−</sup> populations analyzed by using the immunoSEQ assay are shown (n = 4 separate donors). Amino acid sequences represent CDR3 regions of 2 common clones identified within the IL-17RB<sup>+</sup> population of at least 3 of the 4 donors.

was observed in the epithelium of nasal polyps but not in healthy control biopsy tissue (see Fig E7, A, in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)). Furthermore, a significantly higher number of IL-25<sup>+</sup> cells were present in the polyp submucosa (see Fig E7, B). These cells were identified to be eosinophils based on cell morphology (see Fig E7, C). In contrast, immunoreactive IL-33 was detected in both nasal polyp and healthy biopsy tissue, with immunostaining indicating a predominantly epithelial and endothelial pattern of expression (see Fig E8 in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)).

### IL-17RB<sup>+</sup> and IL-17RB<sup>−</sup> cells have distinct T-cell receptor specificities with common T-cell receptor clones exhibited by IL-17RB<sup>+</sup> cells

We next examined whether nasal IL-17RB<sup>+</sup>CD4<sup>+</sup> T<sub>H</sub>2 cells in patients with CRSwNP represent oligoclonal populations driven by *in vivo* antigen or superantigen expansion. Clonality was examined by T-cell receptor variable  $\beta$ -chain (TCR V $\beta$ ) analysis with the immunoSEQ assay and compared in IL-17RB<sup>+</sup>CD4<sup>+</sup> and IL-17RB<sup>−</sup>CD4<sup>+</sup> cells sorted from nasal polyp explant cultures of 4 patients with CRSwNP. No skewing of TCR V $\beta$  family use was observed (data not shown), but sequencing of complementarity-determining region 3 (CDR3) regions revealed that polyp IL-17RB<sup>+</sup>CD4<sup>+</sup> cells contained a smaller number of unique clones compared with IL-17RB<sup>−</sup>CD4<sup>+</sup> cells in all 4 cases analyzed (Table I). Additionally, less than 1% of sequenced clones were present within both IL-17RB<sup>+</sup>CD4<sup>+</sup> and IL-17RB<sup>−</sup>CD4<sup>+</sup> populations. Remarkably, 2 distinct common clones in IL-17RB<sup>+</sup>CD4<sup>+</sup> T cells, identified to belong to the V $\beta$ 5.2 and V $\beta$ 6 families by using immunoSEQ analysis, were present in 3 of 4 patients with CRSwNP studied. Overall, these results suggest that polyp IL-17RB<sup>+</sup>CD4<sup>+</sup> T cells have undergone clonal expansion and that common epitopes might drive this process, even in different patients.

### T<sub>H</sub>17 cells are the default T<sub>H</sub> cell phenotype in normal nasal mucosal immunity

Given the abundant expression of IL-17 by CD4<sup>+</sup> T cells derived from the healthy nasal mucosa in addition to nasal polyps, these cells were characterized further. In agreement with CCR6 and IL-17RB expression data (Fig 3), no coexpression of IL-17 and IL-13 was detected (Fig 5, A). In supernatants of CD3/CD28-stimulated T cells, IL-17 was produced by T cells derived from both healthy nasal mucosa and polyp tissue but not peripheral blood-derived T cells from the same patients (Fig 5, B).

CD4<sup>+</sup> T-cell populations were also sorted from paired nasal explant and peripheral blood cultures for transcriptome profiling (see Fig E9 in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)). Preferential expression of T<sub>H</sub>17-associated genes was observed in activated nasal CD4<sup>+</sup> cells. Of note, the 5 genes that were most highly overexpressed in nasal versus peripheral blood CD4<sup>+</sup> T cells were all T<sub>H</sub>17 associated: *IL17F*, *IL22*, *CCL20*, *KLRB1* (CD161), and *IL1R1* (see Table E4 in this article's Online Repository at [www.jacionline.org](http://www.jacionline.org)). Significant overexpression of the gene for the DNA-sensing inflammasome component absent in melanoma 2 (*AIM2*) was also observed in nasal mucosal T cells. Analysis of additional selected T<sub>H</sub>17-associated genes further revealed preferential expression of *IL17A*, *IL21*, *IL23*, *IL23R*, aryl hydrocarbon receptor (*AHR*), and *RORC* (Fig 5, C) by activated nasal CD4<sup>+</sup> cells. These data suggest that the healthy, homeostatic T-cell response in the nasal mucosa is associated with a strong T<sub>H</sub>17 signature compared with the periphery.

### T<sub>H</sub>17 cells in nasal polyps have a potentially protective immune homeostatic role associated with reduced IFN- $\gamma$ coexpression

T<sub>H</sub>17 cells can coproduce IFN- $\gamma$  and IL-22. IL-17/IFN- $\gamma$  double-positive cells have been associated with a pathogenic proinflammatory phenotype, whereas IL-17/IL-22 double-positive cells have been reported to have protective properties by inducing expression of antimicrobial peptides.<sup>28–30</sup> Lower coexpression of IFN- $\gamma$  by IL-17<sup>+</sup> T cells from polyp explants was found compared with that seen in blood-derived cells (Fig 5, D). No difference was observed in the percentages of IL-17<sup>+</sup> cells coexpressing IL-22.

## DISCUSSION

Recently, ILC2s have been identified in nasal polyps,<sup>18,19,31</sup> and the presence of T<sub>H</sub>2 cells in white patients with CRSwNP has been demonstrated.<sup>32</sup> However, the local T-cell response itself remains relatively uncharacterized. Here, using a short-term explant model to expand and study T cells from surgical specimens, we report a significant population of IL-17RB-expressing T<sub>H</sub>2 cells in nasal polyps with a gene expression profile akin to that of highly polarized T<sub>H</sub>2 cells.<sup>25,26</sup> Approximately 50% of IL-5<sup>+</sup>IL-13<sup>+</sup> polyp-derived CD4<sup>+</sup> T cells expressed IL-17RB, suggesting IL-17RB<sup>+</sup> cells represent a subset of T<sub>H</sub>2 cells.

We demonstrate that IL-17RB<sup>+</sup>CD4<sup>+</sup> cells from polyps express mRNA for both transmembrane and soluble isoforms of ST2 on activation and respond to both IL-25 and IL-33 with augmented IL-5 and IL-13 production. ST2 expression by

*in vitro* differentiated human peripheral blood T<sub>H</sub>2 cells has been described,<sup>33</sup> and both IL-25 and IL-33 receptors are expressed and functional on human and murine ILC2s.<sup>14,18,19,34</sup> However, the role of these pathways in human mucosal T-cell responses has not been examined. These data now establish a direct link of IL-25, IL-33, and T<sub>H</sub>2 cells in human disease and suggest that IL-17RB<sup>+</sup>ST2<sup>+</sup> T<sub>H</sub>2 cells likely contribute to CRSwNP pathogenesis through the IL-25/IL-33 axis. We found increased IL-25 immunostaining in polyps, localizing to eosinophils and epithelial cells, which is consistent with previously published reports<sup>11-13</sup> and in agreement with the increased IL-25 mRNA expression seen in patients with eosinophilic CRSwNP reported by Iinuma et al.<sup>35</sup> In addition, constitutive expression of IL-33 was detected in epithelium and endothelium of both healthy and polyp nasal tissue, which is in line with mRNA expression studies.<sup>31,36,37</sup> These findings suggest that these cells might be endogenous sources of IL-25 and IL-33 in nasal polyps. However, the mechanism of IL-33 release is yet to be elucidated.

Colonization with *S aureus* in nasal polyposis is associated with high levels of IgE,<sup>38</sup> and *S aureus* superantigens, such as staphylococcal enterotoxin B, can drive the T<sub>H</sub>2-type response in eosinophilic polyps.<sup>5,39</sup> Here we demonstrate that nonrandom segregation of unique CDR3 clones occurs with 2 CDR3 clones present in the IL-17RB<sup>+</sup> population in 3 of 4 samples analyzed. Although these results require confirmation in a larger study, they are suggestive of oligoclonality in the TCR V $\beta$  repertoire within the IL-17RB<sup>+</sup> polyp T-cell population and indicate possible expansion by common antigens in different patients. Routine skin prick testing in these patients with CRSwNP did not identify coincidental sensitization to a common aeroallergen (data not shown). Furthermore, the V $\beta$ 5.2 and V $\beta$ 6 families are reported to be preferentially expressed by cutaneous lymphocyte-associated antigen-positive cells responding to the superantigen staphylococcal enterotoxin A in patients with atopic dermatitis and induced by the toxic shock syndrome toxin 1 superantigen, respectively.<sup>40,41</sup> Although speculative, this raises the possibility that local IL-17RB<sup>+</sup> T<sub>H</sub>2 cells in patients with CRSwNP undergo antigen-specific expansion in response to common but as yet undefined epitopes with an additional non-antigen-specific component mediated by superantigens.

We demonstrate that the T<sub>H</sub> response in the healthy nasal mucosa is heavily biased toward T<sub>H</sub>17 responses compared with the periphery. Although we did not examine the relative dominance of the T<sub>H</sub>17 phenotype compared with other T<sub>H</sub> cell phenotypes, we observed that the 5 most overexpressed genes in normal nasal mucosal T cells compared with peripheral blood T cells were all strongly T<sub>H</sub>17 associated. We propose that a significant population of nasal T cells differentiate into T<sub>H</sub>17 cells *in vivo*, with the propensity to produce IL-17 and related cytokines should they become activated *in vivo*.<sup>42</sup> We hypothesize that this T<sub>H</sub>17 phenotype represents a key part of the nasal mucosal host defense response. Priming of autologous monocytes with pathogens, such as *S aureus* and *Candida albicans*, induces T<sub>H</sub>17 responses in naive human T cells,<sup>43</sup> suggesting that chronic exposure of the nasal mucosa to nonpathogenic and pathogenic microorganisms, such as *Staphylococcus epidermidis*, *S aureus*, and corynebacteria, could be the mechanism behind this response.

Within the T cells derived from healthy nasal tissue, we found that transcripts encoding IL-17F and IL-22 were the most highly upregulated. IL-17A and IL-17F are homologous molecules sharing 55% amino acid identity.<sup>44</sup> Both induce expression of numerous chemokines, cytokines, and adhesion molecules, although IL-17A is more effective at inducing inflammatory gene expression.<sup>28,45-47</sup> IL-17F is expressed by a wide variety of tissue, including in the lung,<sup>47,48</sup> and can also potentiate IL-22-induced expression of antimicrobial peptides.<sup>28</sup> Thus the presence of T cells able to produce IL-17F and IL-22 is suggestive of a function for these cells in nasal mucosal immune homeostasis. Microarray analysis also identified overexpression of AIM2 mRNA in nasal explant CD4<sup>+</sup> T cells. The AIM2 inflammasome is activated by intracellular pathogens, leading to caspase-1-dependent IL-1 $\beta$  secretion.<sup>49,50</sup> Further studies will be needed to examine whether this innate pathway is functional in nasal T<sub>H</sub>17 cells.

Our study has some limitations. For example, memory T cells were phenotyped after short-term expansion. Therefore it is possible that a proportion of CD45RA<sup>+</sup> peripheral blood T cells acquired CD45RO expression during culture and might have retained some of their baseline CD62 ligand and CCR7 expression characteristics. In addition, IL-17RB-expressing T cells were mainly characterized after *in vitro* expansion. Analysis of freshly isolated IL-17RB<sup>+</sup> T cells from digested polyps was hampered by low cell numbers and lower IL-17RB expression, possibly reflecting the effects of enzymatic digestion, and therefore data were obtained from fewer cases. The IL-17RB mAb used in these studies did not prove suitable for immunohistochemical analysis, and further studies will be needed for *in vivo* expression analysis of IL-17RB. Finally, the effect of IL-25 and IL-33 stimulation on T<sub>H</sub>2 responses *in vitro* was modest, although the concentrations of recombinant IL-25 and IL-33 used in this study were similar to previously published reports.<sup>12,35</sup>

Nonetheless, our data establish a biological link between IL-17RB expression and responsiveness to IL-25 in T<sub>H</sub>2 cells derived from polyps. Further optimized culture studies will be needed to characterize this response fully. Although 2 recent studies have reported the existence of IL-17RB<sup>+</sup> cells in patients with CRSwNP,<sup>35,51</sup> our findings represent the first direct colocalization of IL-17RB with T<sub>H</sub>2 cells.<sup>35</sup>

In conclusion, we identify functional IL-17RB as a marker of local T<sub>H</sub>2 cells present in chronically inflamed nasal polyp tissue from patients with CRSwNP. Coexpression of ST2 by these cells, in addition to ILC2s, indicates that the IL-25/IL-17RB and IL-33/ST2 pathways could be attractive therapeutic targets. In addition, these data also provide novel insights into mechanisms of nasal immune homeostasis and suggest a role for T<sub>H</sub>17 cells in this process.

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## Key messages

- For the first time, we show that local IL-17RB<sup>+</sup> T<sub>H</sub>2 cells in nasal polyps coexpress ST2 and that both receptors function, in response to their respective ligands IL-25 and IL-33, to potentiate T<sub>H</sub>2 cytokine production.
- IL-17RB<sup>+</sup> T<sub>H</sub>2 cells express common TCR clones, which is suggestive of recognition, clonal expansion, or both of T cells driven by a common antigen or antigens in patients with CRSwNP.
- T<sub>H</sub>17 cells are present in the nasal mucosa as part of the normal homeostatic immune response.

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